



endless ocean
coaching

Defining Our Current Values in this Season of Growth

Abundance	Decisiveness	Joy	Preparedness
Acceptance	Dedication	Kindness	Proactivity
Accountability	Dependability	Knowledge	Professionalism
Achievement	Diversity	Leadership	Punctuality
Adventure	Empathy	Learning	Recognition
Advocacy	Encouragement	Love	Relationships
Ambition	Enthusiasm	Loyalty	Reliability
Appreciation	Ethics	Making a difference	Resilience
Attractiveness	Excellence	Mindfulness	Resourcefulness
Autonomy	Expressiveness	Motivation	Responsibility
Balance	Fairness	Optimism	Responsiveness
Being the Best	Family	Open-mindedness	Security
Benevolence	Friendships	Originality	Self-Control
Boldness	Flexibility	Passion	Selflessness
Brilliance	Freedom	Performance	Simplicity
Calmness	Fun	Personal	Stability
Caring	Generosity	development	Success
Challenge	Grace	Proactive	Teamwork
Charity	Growth	Professionalism	Thankfulness
Cheerfulness	Flexibility	Quality	Thoughtfulness
Cleverness	Happiness	Recognition	Traditionalism
Community	Healthy	Risk-Taking	Trustworthiness
Commitment	Honesty	Safety	Understanding
Compassion	Humility	Security	Uniqueness
Cooperation	Humor	Service	Usefulness
Collaboration	Inclusiveness	Spirituality	Versatility
Consistency	Independence	Stability	Vision
Contribution	Individuality	Peace	Warmth
Creativity	Innovation	Perfection	Wealth
Credibility	Inspiration	Playfulness	Well-Being
Curiosity	Intelligence	Popularity	Wisdom
Daring	Intuition	Power	Zeal

Please choose your top 10 values. Then please write 1 to 5 sentences about *why* this value is important to you AND *how* it shows up in your life.